

# International Conference for Healthy Aging and Nutrition

Date: November 08-09, 2024

Venue: International Conference Hall, Zhunan Campus, National Health Research Institute, Taiwan

Address: 35, Keyan Road, Zhunan Town, Miaoli County, Taiwan



## < Day 1: Fri. Nov. 08, 2024 >

Time	Topic	Speaker
09:30 - 10:00	Welcome Speech	
	Time for Photos	
Keynote Speech (1)	Moderator:	
	<b>Wei J. Chen ( 陳為堅 )</b> Vice President, National Health Research Institutes, Taiwan 	
10:00 - 11:00	Appetite in the Context of the Integrated Care for Older People Program: Data from the Toulouse Real-life Implementation	<b>Philippe de Souto Barreto</b> Professor, Université Paul Sabatier Toulouse 3, Toulouse University Hospital, IHU HealthAge, France 
11:00 - 13:00	Oral and Poster Competition / Lunch	
Session I Nutrition Interventions for Geriatric syndrome	Moderators:	
	<b>Hidenori Arai ( 荒井 秀典 )</b> President, National Center for Geriatric and Gerontology, Japan 	
		<b>Ching jang Huang ( 黃青真 )</b> Professor Emeritus, Department of Biochemical Science & Technology, College of Life Science, National Taiwan University, Taiwan 
13:00 - 13:30	Nutritional interventions for the prevention and management of sarcopenic obesity: An evidence-based approach	<b>Wee Shiong Lim</b> Director, Institute of Geriatrics and Active Aging, Tan Tock Seng Hospital, Singapore 
13:30 - 14:00	Nutritional Interventions in the Community to Reverse Frailty: A Proven Model in Bangkok	<b>Prasert Assantachai</b> President, Thai Society of Gerontology and Geriatric Medicine, Faculty of Medicine Siriraj Hospital, Mahidol University, Thailand. 
14:00 - 14:30	Optimizing Diet and Nutrition for the Prevention and Management of Geriatric Syndromes: Insights from Taiwan	<b>Wen-Harn Pan ( 潘文涵 )</b> Professor, School of Public Health and School of Nutrition, Taipei Medical University, Taiwan 
14:30 - 14:50	Q&A	
14:50 - 15:10	Break	
Session II Diets and Healthy Aging: Evidences from Cohort Studies in Asia	Moderators:	
	<b>Kuo-Chin Huang ( 黃國晉 )</b> Vice Superintendent, National Taiwan University Hospital, Taiwan 	
		<b>Hung-Yi Chiou ( 邱弘毅 )</b> Director, Institute of Population Health Sciences, National Health Research Institutes, Taiwan 
15:10 - 15:40	Healthy Diet for Better Well-being: How to Apply the NLS-LSA Cohort Study to the Community	<b>Rei Otsuka ( 大塚 礼 )</b> Professor, National Center for Geriatrics and Gerontology, Japan 
15:40 - 16:10	Interleukin-6 Trans-Signaling, Autonomic Function and Change in Physical Performance in Older Adults - A Window of Opportunity for Dietary Modulation?	<b>I-Chien Wu ( 吳易謙 )</b> Assistant Investigator, Institute of Population Health Science, National Health Research Institutes, Taiwan 
16:10 - 16:40	Nutrition and Cognitive Impairment in the Taiwan Initiative for Geriatric Epidemiological Research (TIGER): A 14-Year Cohort Study	<b>Yen-Ching Chen ( 程蘊菁 )</b> Professor, Institute of Epidemiology and Preventive Medicine, National Taiwan University, Taiwan 
16:40 - 17:10	Plant-based Diets and Healthy Aging – the Tzu Chi Health Study	<b>Tina H. T. Chiu ( 邱雪婷 )</b> Associate Investigator, National Center for Geriatric and Welfare Research, National Health Research Institutes, Taiwan 
17:10 - 17:30	Q&A	
17:30 -	Welcome Dinner Party	

< Day 2: Sat. Nov.09, 2024 >

Time	Topic	Speaker
<b>Keynote Speech (2)</b>		Moderator: <b>Cheng-Chieh Lin (林正介)</b> Vice President, China Medical University, Taiwan 
09:30 - 10:30	Screening for (Mal)nutrition Risk to Improve the Health of Older Adults from Community to Hospital Settings, Best Practices and Lessons Learned	<b>Heather Keller</b> Professor, Schlegel-UW Research Institute for Aging and Department of Kinesiology & Health Sciences, University of Waterloo, Canada 
10:30 - 10:45	Tea Break	
<b>Session III From Basic to Clinical Application</b>		Moderators: <b>Wayne Huey-Herng Sheu (許惠恒)</b> Vice President, National Health Research Institutes, Taiwan  <b>Yi-Ching Yang (楊宜青)</b> Director, Department of Geriatric and Gerontology, National Cheng Kung University Hospital, Taiwan 
10:45 - 11:15	(TBA)	<b>Richard Kwok</b> Program Director, Population Studies and Genetics Branch, Division of Neuroscience, NIA   NIH, United States 
11:15 - 11:45	Improving Safety for Nutrition & Hydration Delivery with IDDSI: The Myths, The Facts & The Science	<b>Peter Lam</b> Chairperson & CEO, International Dysphagia Diet Standardization Initiative, Canada 
11:45 - 12:15	An Observational Study Assessing the Impact of Multidisciplinary Team Care and Dietary Counseling on Stroke Patients at Risk of Dysphagia: Experiences from a Medical Center in Southern Taiwan	<b>Meng-Chuan Huang (黃孟娟)</b> Professor, Department of Nutrition & Dietetics, Kaohsiung Medical University Hospital, Taiwan 
12:15 - 12:30	Q&A	
12:30 - 13:30	Lunch	
<b>Session IV</b>		Moderators: <b>Meei-Shyuan Lee (李美璇)</b> Professor, Department of Public Health, National Defense Medical Center, Taiwan  <b>Shih-Yi Lin (林時逸)</b> Director, Center for Geriatrics and Gerontology, Taichung Veterans General Hospital, Taiwan 
13:30 - 14:00	(TBA)	<b>Noriko Satoh-Asahara (浅原 哲子)</b> Director, Kyoto Medical Center, Japan 
14:00 - 14:30	The Role of Oral Health in the Association of Nutritional Status and Frailty: Experience from the HALST Study	<b>Shu-Chun Chuang (莊淑鈞)</b> Associate Investigator, Institute of Population Health Science, National Health Research Institute, Taiwan 
14:30 - 15:00	A Modifiable Healthy Ageing Nutrition Index (HANI) Predicts Longevity in Older Taiwanese	<b>Yi-Chen Huang (黃怡真)</b> Associate Professor, Department of Nutrition, China Medical University, Taiwan 
15:00 - 15:15	Q&A	
15:15 - 15:30	Break	
<b>Session V Cardiometabolic Risks and Behavior Modification</b>		Moderators: <b>Ding-Cheng Chan (詹鼎正)</b> Superintendent, National Taiwan University Hospital Bei-Hu Branch, Taiwan  <b>Yi-Chia Huang (黃怡嘉)</b> Professor, Department of Nutrition, Chung-Shan Medical University, Taiwan 
15:30 - 16:00	Prospective Association of the Portfolio Diet with All-Cause and Cause-Specific Mortality Risk in the Mr. OS and Ms. OS Study	<b>Kenneth Ka-hei Lo (羅家禧)</b> Assistant Professor, Department of Food Science and Nutrition, The Hong Kong Polytechnic University, Hong Kong 

16:00 - 16:30	The Associations of Body Weight and Weight Change for Mortality Risk, Cardiometabolic Disorders Controls, and Physical/Mental Function Decline in an Older Adult Population: Trade-off between Risks and Benefits.	<b>Shao-Yuan Chuang ( 莊紹源 )</b> Investigator, Institute of Population Health Science, National Health Research Institutes, Taiwan 
16:30 - 17:00	Nutrition and Self-management Behaviors on Healthy Aging in Community-dwelling Older Adults: Evidence in National Longitudinal Population-based Cohort Studies	<b>Wen-Chun Liao ( 廖玟君 )</b> Professor, School of Nursing, China Medical University, Taiwan 
17:00 - 17:15	Q&A	
17:15 - 17:30	Award and Closing Remark	